

Thomson Micromedex

## Complementary & Alternative Medicine Series

The authoritative source for complementary and alternative medicine covering:

- Herbal medicines and dietary supplements
- CAM-focused patient education
- Herbal and other dietary supplement interactions
- Guidelines on therapies for disease states and medical conditions

The Micromedex® Complementary & Alternative Medicine (CAM) Series is a comprehensive source of clinically focused, scientifically sound information about complementary and alternative medicines. All documents are fully referenced, written, and peer reviewed by authorities in both conventional Western medicine and alternative medicine.

### THE CAM SERIES INCLUDES:

#### AltMedDex® System

- Contains unbiased, evidence-based monographs covering herbal, vitamin, mineral, and other dietary supplements
- Provides comprehensive referenced monographs on efficacy, uses, dosing, pharmacological actions, adverse effects, toxicity, effects in pregnancy, contraindications, drug interactions, and clinical applications
- Includes regular updates incorporating the latest research available

#### AltMedDex Points®

- Presents concise, bulleted summaries on herbal and dietary supplements drawn from AltMedDex

#### AltMedDex® Protocols

- Offers practical advice on integrating complementary and alternative therapies into clinical practice
- Contains documents written and reviewed by alternative medicine (NDs) and conventional medicine (MDs, PharmDs, RNs) practitioners
- Provides overviews of health conditions, conventional medical therapies, integrative medicine strategies, complementary and alternative therapies, efficacy ratings, and dosing recommendations for herbals and dietary supplements

#### AltMed-REAX™

- Contains patient education materials on over 500 interactions between herbal medicines, other dietary supplements, food, alcohol, and tobacco
- Gives symptoms of harmful interactions and instructs patients on actions to take if experiencing an interaction
- Provides supporting evidence and references

#### AltCareDex® System

- Contains information for patients on the most frequently used herbal, mineral, vitamin, and other dietary supplements
- Includes CAM treatment options for common diseases and medical conditions
- Presents general overviews of the most popular CAM therapies

### Herbal Medicines: A Guide for Health-Care Professionals

*from the Pharmaceutical Press, London, UK*

- Provides quick, easy access to 151 referenced monographs covering commonly used herbal medicines
- Discusses species, uses, doses, pharmacological actions, side effects, toxicity, contraindications, warnings, and references
- Presents reliable safety and efficacy information

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